

Meals

If you have any dietary restriction, please inform the nurse.

Usual mealtimes are:

- 09:30h.: Breakfast.
- 13:30h.: Lunch.
- 16:30h.: Tea time.
- 19:30h.: Dinner.
- 23:00h.: Snacks.

Visits

You can always be accompanied by a relative. From 10h to 13h, patient hygiene, medical exam and nursing cares are priority. It is strongly recommended to ensure patient's privacy.

An excessive presence of visitors tire patients and may annoy them. More visits than normal favours infections and difficults medical and nursing labours. Thus, afternoons and no more than 2 persons at the same time are our requests.

When visitors are asked to leave the room for any reason, please use waiting rooms. Corridors need to be clear. Please always remember smoking is forbidden in all areas within the Hospital.



Talk quietly to respect the rest of the patients.

Rooms with respiratory Isolation (reversed isolation)

These type of patients are very exposed to infections. We need to extreme measures to prevent infections.

Companions of patients have to wear masks inside the room and their hygiene is very important. Food are not allowed in the room. Medical devices cannot be manipulated and visits are more restrictive. Companions of patients should remain at a distance.

Patients will have dietary restrictions. Only cooked food can be eaten. Hygienic measures are very important and if you go out of the room you must wear mask, sleepers and housecoat.

We have a Suggestions Box next to nursing station (control de enfermería).

We wish you a prompt recovery and we hope your stay be as pleasant as possible.

Associations:

AECC: 952 256 195

FMAEC: 952 121 717

ASAMMA: 952 256 951

Asociación Malagueña de Laringectomizados:
952 355 366

Asociación. Española de Afectados por Linfoma,
Mieloma y Leucemia AEAL: 915 631 801

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Hospital Universitario Virgen de la Victoria



Recommendations during your stay in hospital

Welcome to the Unit 3B1

UGC Oncología

Staff



Welcome to the unit 3B1.

Here we describe the healthcare team that cares you.

Medical Staff:

An oncologist, hematologist or palliative care specialist will daily visit you, most of the times during the morning and from Monday to Friday.

Nursing:

Nurses: Some of their duties are monitor patient's evolution, treatments administration and requested cares.

Nurses assistants: They will look after the welfare of the patient, their hygiene and feeding mainly.

Nursing Supervisor: A nurse who coordinates all nursing staff. You can address to him/her during morning (from Monday to Friday).

Rooms

All rooms have a bathroom, which use is exclusive for hospitalised patients.

Room temperature can be adjusted from inside the room. Only respiratory isolation rooms will be centrally conditioned.

Correct functioning can only be ensured if windows and doors are closed. Moreover, acting as indicated prevents rooms from dust. We recommend you average temperature of 23 °C.

TV and telephone are also available at every room. They are negotiated by an external vendor. Vending machine cards are located at third floor, next to Main entrance lifts. If there is something wrong, please call 902104984. Please avoid tv functioning from 23h until 8h and make a respectful usage to spare any bother to other patients.



Room telephones are operational from 8:00h to 22:00h. Your room telephone number is written on your phone and at nursing station. Please, have your mobiles switched off, to prevent interfering with medical devices. If you need to use your mobile, please have it muted and have always in mind that other patients may need silence.

Please use disinfectant dispenser before and after get in touch with patient and any medical material (bedpans, masks, etc). Before using this solution you should wash your hands. After using it, please wait until completely dry.

in the headboard of the bed is a cable with three switches. Two of them are for lights functioning and the red one is to call the nurse. There is other button to lose the curtain of separation, in case you are sharing the room.

Please call a nurse whenever you need. Once button is pushed, the call is continuing until a nurse stop it. As soon as possible, a nurse will attend you. Please remember this call button is also present at bathroom.

Each patient has an articulated bed, bedside table, articulated chair and a wardrobe at their disposal. At the bottom of the closet, there are some toiletries. In case there is a vacant bed, it is prohibited its usage. A patient can be hospitalised at any time.

Please be aware that rooms shouldn't have any object which may interfere the room cleaning. Any presence of food is not recommended to prevent occurrence of infections. For this same reason, flowers and plants are forbidden.



Toilet requisites and linen goods can be exclusively provided for patients by nurses; therefore, the companions of patients should anticipate their needs.

All valuables should be given to relatives to prevent losses, specially when patients go out from the room for surgery or tests. If at all possible, remember there is a safe-deposit box at Urgency Dpt. Please contact nursing supervisor if you need to use it.